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FOREWORD

By Patron

Geoffrey Piper

I am delighted to see the progress being made by Breaking the Cycle UK this year.

The challenges which BTCUK seeks to address have received considerable worldwide attention during 2012. However, there remain areas of the world where girls continue to be deprived of lifetime opportunities through their lack of educational opportunities.

I congratulate Siddika Ahmed and the supporters of Breaking the Cycle UK for their commitment and dedication to this fundamentally important charity and wish all concerned further progress in 2013.
By Founder
R S Ahmed Zoarder

I would like take this opportunity to thank Geoffrey Piper, Chief Executive of North West Business Leadership Team for his support and agreement to be our Patron.

The progress of our work would not have been possible without the support and commitment of our Board of Trustees, or indeed, our supporters in the UK, Bangladesh, the US and several European countries including Luxembourg.

I am grateful for the support of Education Minister (Bangladesh) Nurul Islam Nahid. I am very fortunate to have received positive support to progress our aims by the principals of Kazi Jalal Uddin, Syed Hatim Ali and Kishore Mohon Girls schools in Sylhet and the Chief Executive of Sylhet Jubo Academy (SJA) AHM Faisal Ahmed in Bangladesh. The friendship and encouragement of Justin Davies and the personal support of Assistant High Commissioner of Bangladesh (Manchester) Zokey have been invaluable.

I thank my close family and friends for keeping my spirits high when my confidence levels needed a boost and most of all I give my heartfelt thanks to the donors, individual and corporate, who have made progress possible over the last year!
INTRODUCTION

Background

It is a well known fact that literacy is one of the key advantages that countries in the West have over poor developing countries. It has been identified that one of the major barriers to economic development in Third World countries is the lack of access to education in general.

Young girls who aspire to gain a secondary education face multiple disadvantages in an environment where even today, boys are given priority – not only in society – but also within families.

There are many NGOs and Charitable Trusts that deliver projects with the aim of improving availability of institutions and spaces for education, but practical support to improve access is rare.

Girls of secondary school age may have opportunities for secondary education, but access is prevented due to lack of finances to buy uniforms, books, the cost of travel and sustenance. Families rely on the income that girls generate from a very young age, which means they are reluctant to jeopardise this income by sending their girls to school.

Our Aims

Our aim is to help young girls in Sylhet, Bangladesh, by providing better access to secondary education, and a chance of completing their studies to a reasonable level. We will be helping them with study bursaries to subsidise their needs for uniforms, stationary and travel costs.

Daughters in Bangladesh are not generally given priority over sons in families, particularly where money is tight. Families, including the girls themselves, sacrifice their education to facilitate the sons.

We want to address this inequality, by promoting the long-term advantages to Bangladesh communities that come from improving opportunities for girls. Practical support for girls of secondary education age to access higher level education and the value of increased literacy and educational attainment will be demonstrated through their ability to help their families access and put into practice advice on healthy living and civic rights, as well as improving their chances for gaining meaningful employment.

A particular advantage of our work will be in facilitating involvement in the programmes that NGOs from around the world aim to deliver in Bangladesh. In doing this our aims and objectives will not only contribute to the future of girls, women and disadvantaged communities in Bangladesh, but will also positively contribute to the success of major international NGOs who strive to improve the life chances of poor Bangladeshi communities through health, education and nutrition programmes.
Development Phase

The development of Breaking the Cycle UK took shape over the last year through a number of phases.

**Phase 1** involved naming the organisation and deciding on what we wanted to achieve for girls in Bangladesh. Once the Breaking the Cycle UK was short-listed, the important task of checking with Companies House was undertaken to ensure that this was available for us to use. Once this was approved Breaking the Cycle UK (BTCUK) was registered as a Non-Profit organisation and our strap-line: *Strengthening knowledge, Community and Equality through Education* was formulated.

**Phase 2** was contacting appropriate people within my networks to the Board of Trustees. Once this was organised the first meeting was used to set out the terms of the Trustees involvement and to set out the aims and objectives of Breaking the Cycle UK together with a plan of action to establish the work, including methods of fundraising and generating support for the work here in the UK and also in Bangladesh.

**Phase 3** took the form of a scoping exercise in Bangladesh to establish whether there was a need for our support and carrying out research to identify gaps in the existing support. This included visits to schools in Sylhet and discussing needs with students, families and Head Teachers, speaking with established NGO’s in Bangladesh, the Bangladeshi Education Minister and the British High Commission in Dhaka. Once the need for our support was confirmed, our work began. Key milestones are reported here in the form of a calendar of events.

**Phase 4** involved the short-listing of girls by schools for our selection panel to meet and decide on a group of beneficiaries for 2013. Once we met the girls, we realised that just the background stories of need were not enough for choosing our beneficiaries. We decided to give each student a test with 3 questions: one in English, one in Bangla and one in mathematics. Each student gaining 60% or over in the test would become selected for our support. Fortunately 9 students over a range of ages between 12 and 16 achieved the target score and were awarded a certificate of success. As one place was left vacant, we decided to support a blind girl receiving secondary school education at a specialist school for the disabled who was not receiving any funds to support her progress in education.

**Phase 5** was the period when cheques were sent to the schools in Bangladesh to ensure that our beneficiaries would receive their financial needs for the new academic year starting in January 2013.
CALENDAR of EVENTS

Charity Fund-Raising Dinner

23rd November 2011

Roushon Siddika Ahmed recently hosted a fundraising dinner raising over £1,000 for Breaking the Cycle UK at the Bramhall Khandoker restaurant.

The event was attended by the Assistant High Commissioner of Bangladesh, Mr Zokey Ahad and eminent guests and trustees, Caryl Agard OBE who has been instrumental in developing the voice of Black and Ethnic Minority communities in the UK, and Raja Miah MBE who is Chief Officer of Rise UK and gained his MBE in recognition of his contribution to cohesion amongst young people in Oldham after the 2001 riots.

Photo: Education Minister Nurul Islam Nahid, Bangladeshi Minister of Education, his wife Mrs Nahid with Siddika Ahmed in Dhaka.

Article: www.regionplus.co.uk

Logo and Web-Page Lanch

January 2012

Our logo was created by a local designer Sammi and our domain name and web-hosting package was purchased. This was followed by the launch of the web-page for Breaking the Cycle: breakingthecycleuk.org which developed by Philip Valentino of Red Lobster Designs.
Launch of Breaking the Cycle in Sylhet

22nd February 2012

Photo: A dance teacher from Sylhet, supporting our launch event with a folk dance

Breaking the Cycle UK was launched in Sylhet Bangladesh on Wednesday 22nd February to coincide with the 10th anniversary of the death of Al-Haj Md Ghias Uddin Ahmed Zoarder – the father of the founder, Roushon Siddika Ahmed.

Around one hundred members of the local community including head teachers from 3 secondary schools and higher education institute were present.

Special guests included the Chief Executive of Sylhet Jubo Academy, a local NGO and supporting partner of Breaking the Cycle UK. Justin Davies, Director of Trade and Investment in Dhaka was also at the event in his personal capacity as a friend of Breaking the Cycle UK.

Photo: Sealing the launch with the cake-cutting ceremony: a must in Bangladesh!

The event started with a presentation explaining the inspiration behind the development of the charity and our aim to support continued education of girls through secondary education of girls who are academically capable but come from families who struggle to fund the costs of continuing their educational aspirations.

Following the presentations, entertainment was provided by local groups who were keen to support the aims of Breaking the Cycle UK, including a blind group who sang, a young teacher of dance, a local celebrity news reader who also sang and a band from the arts & music institute in Sylhet.
Sponsored Liverpool Half-Marathon

25\textsuperscript{th} March 2012

This cold but sunny day saw the start of the Liverpool Half-Marathon in which Kamran Saeed, a friend and supporter of Breaking the Cycle UK was running to raise essential funds for us. Wearing his Breaking the Cycle UK T-shirt especially adorned with his name, Kamran set off with great enthusiasm with his fellow runners.

About 45 minutes later we met him still smiling, full of energy and enthusiasm. Great job Kamran. Thank you for raising £1,001 for our girls!!

Photo: Liverpool with Kamran Saeed who raised funds for BTCUK

Chapter Published in USA by PWN

10\textsuperscript{th} April 2012

Photo: Book published with Chapter describing the inspiration behind the development of Breaking the Cycle UK. 10\% of each book sold by founder donated to BTCUK
Fundraising Dinner at Red Mango, Dudley

6th May 2012

Friends and family joined us to raise funds at a dinner held at the Red Mango in Dudley, West Midlands.

We were fortunate to receive prizes for our raffle from local businesses: a Mini weekend adventure from Jason at BMW; dinner for two from Premier Inn, Tividale and dinner for two by Red Mango. We also received small donations from Premium Halal Food and Ace Linen and some local residents who could not attend the event.

The event supported and broadcast by Channel S News (Bengali TV station)

Photo: Cake made for the event

Beneficiaries Selection Event at Khazi Jalal Uddin High School, Sylhet for Girls

12th July 2012

Thirty young ladies, shortlisted for their academic ability and a background of financial poverty by 3 secondary schools in Sylhet, along with their parents and teachers attended a selection test and interview.

Photo: Girls short-listed for funding and their parents at Kazi Jalal Uddin School, Sylhet
Although, each one of them were worthy of our support, the funds raised to date were enough to assist the educational needs of 10 girls out of the 30. This meant that we set a pass rate of 60% in the test for qualification as a beneficiary. The test given consisted of 3 questions, to test their ability in Bangla, English and Mathematics from the local examination board at a level appropriate to the age of each of the students taking part. A panel of 4 including Roushon Siddika Ahmed; AHM Faisal Ahmed of Sylhet Jubo Academy; a local teacher and the local councillor for Khazi Tulla, Sylhet conducted the interviews.

![Photo](image1.jpg)

*Photo: Student Moyna Akter, who got top marks (81%) in the test receiving her award certificate*

The test was an essential aspect of selection because on interview each candidate had a family background and story that pulled at our hearts strings.

Nine out of the 30 girls achieved 60% or over in the test with the top score achieved was 84%.

All the girls who attended received a gift on the day of Olympic lunch box or water bottle kindly donated by the British High Commission in Sylhet.

As only 9 places were filled, a decision was make a donation to support 2 girls with the DB Foundation in Sylhet who, although the students are blind, does not receive any state funding.

**Presentation at Privatschule Conventz Roetgen, Germany**

23rd November 2012

![Photo](image2.jpg)

*Photo: Principal Wilfried Conventz at Privatschule Conventz and some of the students*
Presentation delivered about Bangladesh and the work of Breaking the Cycle UK to 30 students at the Privatschule Conventz Roetgen, Germany. Meeting the students was an amazing experience. They were pleased to learn more about Bangladesh and were keen to understand the aims of our organisation. They were very interested to learn how the work of Breaking the Cycle UK will impact on the education of girls and their future progress.

**Muslim Hands Event, Manchester**

30th November 2012

*Photo: with Hazel Blears MP for Salford and Eccles and Maqsood Ahmed MBE and one of the young people benefiting from the work of Muslim Hands*

Another opportunity to promote the work of Breaking the Cycle UK presented itself at a recent Muslim Hands event in Manchester. Muslim Hands is a Charity that supports people all over the world.

The talk included the inspiration behind the development of this work: The late Al-hajj Md Ghias Uddin Ahmed Zoarder, the events leading up to the launch and the need for support in the education of girls in Sylhet, Bangladesh and finally, about the girls who will benefit from our funds.

Special guest Hazel Blears MP was present and I was invited to speak, thanks to great friends Maqsood Ahmed and Azhar Ali who were also colleagues at the Department of Communities and Local Government.

**Breaking the Cycle UK AGM, Manchester**

14th December 2012
The 1st AGM for Breaking the Cycle UK was held in Manchester on Friday 14th December. We had a quorum of Trustees present to celebrate the success of our first year. As well as catching up with the activities over the last 12 months the Trustees approved the accounts for income and expenditure during 2012. They were also happy with the Annual report and Patron Geoffrey Piper gave his comments which have been included in the report. As a group, we also showed our appreciation to Philip Valentino of Red Lobster Designs for his excellent work in the Breaking the Cycle UK web-site.
## Income and Expenditure 2012

### INCOME

#### Donations (UK £)
- **Restricted**
  - Jan: 0
  - Feb: 220
  - Mar: 20
  - Apr: 20
  - May: 961
  - Total: 570
- **Unrestricted**
  - Jan: 570
  - Feb: 220
  - Mar: 20
  - Apr: 220
  - May: 961
  - Total: 30

#### Grants (UK £)
- **Restricted**
  - Jan: 0
  - Feb: 0
  - Mar: 0
  - Apr: 0
  - May: 0
  - Total: 0
- **Unrestricted**
  - Jan: 0
  - Feb: 0
  - Mar: 0
  - Apr: 0
  - May: 0
  - Total: 0

#### Foreign Donations
- **USD**
  - Jan: 0
  - Feb: 0
  - Mar: 0
  - Apr: 0
  - May: 0
  - Total: 0
- **EURO**
  - Jan: 0
  - Feb: 0
  - Mar: 0
  - Apr: 0
  - May: 0
  - Total: 0
- **Bangl. Taka (BDT)**
  - Jan: 0
  - Feb: 0
  - Mar: 0
  - Apr: 0
  - May: 0
  - Total: 0
- **Other**
  - Jan: 0
  - Feb: 0
  - Mar: 0
  - Apr: 0
  - May: 0
  - Total: 0

#### Foreign Grants
- **USD**
  - Jan: 0
  - Feb: 80.64
  - Mar: 10000
  - Apr: 0
  - May: 0
  - Total: 0
- **EURO**
  - Jan: 0
  - Feb: 1405
  - Mar: 22.83465
  - Apr: 2900
  - May: 0
  - Total: 0
- **Bangl. Taka (BDT)**
  - Jan: 0
  - Feb: 516
  - Mar: 0
  - Apr: 0
  - May: 0
  - Total: 0
- **Other**
  - Jan: 0
  - Feb: 0
  - Mar: 0
  - Apr: 0
  - May: 0
  - Total: 0

### Yearly Total
- **Total USD ($)**
  - Jan: 0
  - Feb: 0
  - Mar: 0
  - Apr: 0
  - May: 0
  - Total: 0
- **Total EURO (€)**
  - Jan: 0
  - Feb: 0
  - Mar: 0
  - Apr: 0
  - May: 0
  - Total: 0
- **Total Taka (BDT)**
  - Jan: 0
  - Feb: 0
  - Mar: 0
  - Apr: 0
  - May: 0
  - Total: 0
### Income from Book Chapter

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<thead>
<tr>
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<tr>
<td>B</td>
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<td>C</td>
<td>20</td>
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<tr>
<td>D</td>
<td>20</td>
</tr>
<tr>
<td>Total</td>
<td>80</td>
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### Total Income (£)

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<tr>
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</tr>
</thead>
<tbody>
<tr>
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<td>Phone</td>
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<tr>
<td>Postage</td>
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<tr>
<td>Total</td>
<td>36</td>
</tr>
<tr>
<td>Salaries</td>
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<tr>
<td>Staff</td>
<td>0</td>
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<tr>
<td>Contractors</td>
<td>0</td>
</tr>
<tr>
<td>Total</td>
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</tr>
<tr>
<td>Travel</td>
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<tr>
<td>UK</td>
<td>570</td>
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<td>Abroad</td>
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<td>Total</td>
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<td>Fundraising</td>
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<td>UK</td>
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<tr>
<td>Abroad</td>
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<tr>
<td>Total</td>
<td>464.8</td>
</tr>
<tr>
<td>Total Other</td>
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</table>

**Total Income (£):**

<table>
<thead>
<tr>
<th>Category</th>
<th>Income</th>
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</thead>
<tbody>
<tr>
<td>Other Income</td>
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</tr>
<tr>
<td>Income from Book Chapter</td>
<td>80</td>
</tr>
<tr>
<td>Total</td>
<td>80</td>
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<tr>
<td>Total Income</td>
<td>3615.169</td>
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### EXPENDITURE

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<td>Phone</td>
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<tr>
<td>Postage</td>
<td>36</td>
</tr>
<tr>
<td>Total</td>
<td>36</td>
</tr>
<tr>
<td>Salaries</td>
<td>0</td>
</tr>
<tr>
<td>Staff</td>
<td>0</td>
</tr>
<tr>
<td>Contractors</td>
<td>0</td>
</tr>
<tr>
<td>Total</td>
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<td>Travel</td>
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<td>UK</td>
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<td>Abroad</td>
<td>90.15</td>
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<td>UK</td>
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<tr>
<td>Abroad</td>
<td>400</td>
</tr>
<tr>
<td>Total</td>
<td>464.8</td>
</tr>
<tr>
<td>Total Other</td>
<td>0</td>
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**Total Expenditure:** 5133.46
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<th>Description</th>
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<tr>
<td>Deposited in BD Bank</td>
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<tr>
<td>Donated to DBF Assoc</td>
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<tr>
<td>Miscellaneous</td>
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<td><strong>Total</strong></td>
<td>119.98</td>
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<table>
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<tr>
<td>Total Expenditure</td>
<td>844.28</td>
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<tr>
<td>BALANCE</td>
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<table>
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</thead>
<tbody>
<tr>
<td>Surplus / Deficit</td>
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<tr>
<td>Funds at Start</td>
<td>274.2</td>
</tr>
<tr>
<td>Funds at End</td>
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Registered Non-Profit UK Based Organisation Registration Number: 7726981
# Short List of Girls Interviewed

**Sylhet July 2012**

<table>
<thead>
<tr>
<th>NAME</th>
<th>CLASS</th>
<th>SCHOOL</th>
<th>TEST SCORE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pinky Das</td>
<td>6</td>
<td>Kishore Mohon</td>
<td>9/30 = 30%</td>
</tr>
<tr>
<td>Ruhina Akter</td>
<td>6</td>
<td>Kazi Jalal Uddin</td>
<td>5/30 = 17%</td>
</tr>
<tr>
<td>Tanya Akter</td>
<td>6</td>
<td>Syed Hatim Ali</td>
<td>6/30 = 20%</td>
</tr>
<tr>
<td>Mariya Jahan</td>
<td>6</td>
<td>Kishore Mohon</td>
<td>8/30 = 27%</td>
</tr>
<tr>
<td>Ayesha Siddika</td>
<td>6</td>
<td>Kishore Mohon</td>
<td>8/30 = 27%</td>
</tr>
<tr>
<td>Moyna Akter</td>
<td>7</td>
<td>Syed Hatim Ali</td>
<td>26/32 = 81%</td>
</tr>
<tr>
<td>Rabeya Akter</td>
<td>7</td>
<td>Syed Hatim Ali</td>
<td>22/32 = 69%</td>
</tr>
<tr>
<td>Jahanara Akter</td>
<td>7</td>
<td>Kazi Jalal Uddin</td>
<td>12/32 = 37%</td>
</tr>
<tr>
<td>Rumana Begum</td>
<td>7</td>
<td>Kishore Mohon</td>
<td>24/32 = 75%</td>
</tr>
<tr>
<td>Taslima Akhter</td>
<td>7</td>
<td>Kazi Jalal Uddin</td>
<td>23/32 = 72%</td>
</tr>
<tr>
<td>Hazera Begum</td>
<td>7</td>
<td>Syed Hatim Ali</td>
<td>25/32 = 47%</td>
</tr>
<tr>
<td>Rimpia Rani Das</td>
<td>8</td>
<td>Syed Hatim Ali</td>
<td>7/30 = 23%</td>
</tr>
<tr>
<td>Sanchita Das</td>
<td>8</td>
<td>Syed Hatim Ali</td>
<td>7/30 = 23%</td>
</tr>
<tr>
<td>Rima Begum</td>
<td>8</td>
<td>Kishore Mohon</td>
<td>4/30 = 13%</td>
</tr>
<tr>
<td>Nargis Akter</td>
<td>8</td>
<td>Kazi Jalal Uddin</td>
<td>2/30 = 7%</td>
</tr>
<tr>
<td>Tanzia Akter</td>
<td>8</td>
<td>Kishore Mohon</td>
<td>11/30 = 37%</td>
</tr>
<tr>
<td>Fatima Akter</td>
<td>8</td>
<td>Kazi Jalal Uddin</td>
<td>6/30 = 20%</td>
</tr>
<tr>
<td>Madiha Choudhury</td>
<td>8</td>
<td>Kishore Mohon</td>
<td>6/30 = 20%</td>
</tr>
<tr>
<td>Bibi Kulsuma</td>
<td>8</td>
<td>Syed Hatim Ali</td>
<td>9/30 = 30%</td>
</tr>
<tr>
<td>Junera Begum</td>
<td>9</td>
<td>Syed Hatim Ali</td>
<td>12/28 = 41%</td>
</tr>
<tr>
<td>Fatima Begum</td>
<td>9</td>
<td>Kishore Mohon</td>
<td>18/28 = 65%</td>
</tr>
<tr>
<td>Shuma Akter</td>
<td>9</td>
<td>Kazi Jalal Uddin</td>
<td>13/28 = 46%</td>
</tr>
<tr>
<td>Mahmuda Begum</td>
<td>9</td>
<td>Kazi Jalal Uddin</td>
<td>19/28 = 68%</td>
</tr>
<tr>
<td>Name</td>
<td>Date of Birth</td>
<td>Selection</td>
<td>Percentage</td>
</tr>
<tr>
<td>-----------------</td>
<td>---------------</td>
<td>-----------</td>
<td>------------</td>
</tr>
<tr>
<td>Marzana Jahan</td>
<td>1992-02-28</td>
<td>7/10</td>
<td>70%</td>
</tr>
<tr>
<td>Tiluttoma Dutto</td>
<td>1993-07-14</td>
<td>9/10</td>
<td>90%</td>
</tr>
<tr>
<td>Sharmin Akter</td>
<td>1992-08-15</td>
<td>13/30</td>
<td>43%</td>
</tr>
<tr>
<td>Kishore Mohon</td>
<td>2012-06-12</td>
<td>18/30</td>
<td>60%</td>
</tr>
<tr>
<td>Rukeya Begum</td>
<td>1994-04-02</td>
<td>2/30</td>
<td>7%</td>
</tr>
<tr>
<td>Kazi Jalal Uddin</td>
<td>1993-01-01</td>
<td>8/30</td>
<td>27%</td>
</tr>
<tr>
<td>Anika Akter</td>
<td>1991-11-17</td>
<td>8/30</td>
<td>27%</td>
</tr>
<tr>
<td>Kazi Jalal Uddin</td>
<td>1993-03-03</td>
<td>2/30</td>
<td>7%</td>
</tr>
<tr>
<td>Tania Begum</td>
<td>1990-09-28</td>
<td>8/30</td>
<td>27%</td>
</tr>
<tr>
<td>Syed Hatim Ali</td>
<td>1995-05-05</td>
<td>13/30</td>
<td>43%</td>
</tr>
<tr>
<td>Monisha Khanom</td>
<td>1996-06-16</td>
<td>10/30</td>
<td>30%</td>
</tr>
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**Disabled Community Advancement Foundation**

**Key:** Beneficiary 2012-2013

- Unsuccessful in this round
TRUSTEES 2012

Trustee

Caryl Agard OBE
Executive Director – The Social Business Company

Caryl has been working in social and economic development for twenty years, during which he has gained considerable experience in developing social and community enterprises within deprived communities.

Caryl Agard is Executive Director of The Social Business Company, a social enterprise established as a vehicle to develop and support individuals and communities, and Chair of Voice4Change, the national voice for the Black and Minority Ethnic (BME) Third Sector.

Trustee

Raja Miah MBE – Trustee of Breaking the Cycle UK
Regional Director of Uprising Project – The Young Foundation

Raja Miah co-founded PeaceMaker in 1997 as a young Bangladeshi man recognising with his group of peers that there was a gap in understanding about issues faced by communities in
Oldham. Once established, PeaceMaker supported the government in responding to issues of community conflict across the country.

Raja’s experience through PeaceMaker has helped inform and develop the community cohesion agenda. In particular, Raja has supported the development of practice with children and young people, helping to develop long-term solutions to issues of community conflict and equipping young people with the skills necessary to challenge and overcome their own prejudice and that of the communities in which they live.

Trustee

Kim Harrison – Trustee of Breaking the Cycle UK
Partner – Pannone Solicitor

Kim Harrison trained with Pannone and qualified in 2005 as a solicitor. She was promoted to partner in 2011 in the Industrial Disease team.

Kim acts for victims and their families of workplace accidents and industrial diseases such as asbestos related cancers and diseases, industrial deafness, dermatitis, hand/arm vibration syndrome and carbon monoxide poisoning.

A keen advocate for social justice, Kim is a volunteer at the Manchester Legal Advice Centre and has been a supporter of various community campaigns. In the past she volunteered for Committee to Defend Asylum Seekers and is an active anti-racism campaigner.
Trustee

Ruhena Ahmed Zoarder – Trustee of Breaking the Cycle UK
Senior Civil Servant – Department of Works and Pensions

Ruhena has 10 years experience working at the UK Borders Agency where she has been working since graduating with Honours at Lancaster University.

She is an extremely socially conscious young lady of Bangladeshi heritage, who was volunteered with the Prince’s Trust and went on an expedition with Operation Raleigh to project manage a team of volunteers in Malaysia to construct a well, only last year.

Trustee

Shahidur Rahman Choudhury Breaking the Cycle UK
Director – Sripur Indian Restaurant, London

Shahid is a businessman of Bangladeshi heritage with over 20 years of experience in the catering business. He has successfully managed and developed a number of successful Indian restaurants around Britain.

He is very passionate about giving his time and money to a cause which will improve the life chances of deprived communities from Bangladesh. His brother is a director of a University in Sylhet, who is keen to support the aims of “Breaking the Cycle UK”.
Trustee

Emile Pinel – Trustee of Breaking the Cycle UK
Director – Firmstart (Manchester) CIC

After growing up in the Peak District, Emile Pinel has lived and worked in Manchester for 20 years. Emile is currently a Director of 2 social enterprises and brings more than 10 senior management experience with him, having held numerous management committee and trustee positions at the local, regional and national level and serving 10 years as a charity chief executive.

Trustee

Catharine Worsley- Trustee of Breaking the Cycle UK

Catharine is a qualified Chartered Accountant & worked for a number of years at the UK Treasury covering volunteering & third sector policy. She has previously lived in Asia, Australia & Europe. Now based in Bradford, she is currently working as a debt counsellor helping families during the UK recession. A keen reader, language learner and volunteer, she recently completed a number of sponsored runs for charity including a half-marathon. She is recently married to Ian and has inherited a step-daughter called Alana, so she is keen to ensure the empowerment of young ladies.
Ishtiaq Hussain is a civil servant and works in central government. He has over a decade of experience in working with vulnerable individuals in disadvantaged communities. He is also considered to be an expert in counter-extremism affairs and has given interviews, and written academic reports/papers, on extremism related issues.

Ishtiaq is committed to helping people from disadvantaged backgrounds to improve the quality of their lives.